

## ABSTRACT

A CD-R (20) in which the load when a CD player reads-in fringe data may be relieved to shorten the time until display. This CD-R is provided with contents files "00001" to "0000n", holding respective contents, and database files TRNDB, ARNDB and ALNDB. In the contents files "00001" to "0000n", data of the supplementary information of the contents, for each of the contents files "00001" to "0000n", are stored, along with the contents. The database files TRNDB, ARNDB and ALNDB hold data of the supplementary information for each of the contents files "00001" to "0000n".